

Systemic Coaching with Anton de Kroon

In-person | Barcelona

EMANA



Training in English.
Consecutive translation into Spanish.

«Jobs come and go; people come and go; they enter a profession and retire. But a calling, endures over time and, paradoxically, grows when it has room to do so»



Índice

—

1	Introduction	03	2	Content	04
3	Methodology	05	4	Trainer	06
5	Price and registration	07	6	Dates	08

Introduction

Anton de Kroon discovered systemic work years ago. He describes it as a turning point. “In my pre-systemic life, I knew what was best for everyone. In my systemic life, I’m convinced that there are good reasons why people do what they do. ‘What might my role be?’ is the humble question I ask myself now.”

Anton shifted the focus of his career to pursue what truly fulfilled him—what he now describes as “a passion”: systemic work. **He approaches client support from this perspective, with respect and humility, acknowledging that he doesn’t have all the answers and recognizing that people act the way they do for good reason.**

That is precisely why he emphasizes that his “approach” has changed: he has shifted from voicing his opinion loudly to listening deeply. And this is the shift brought about by the

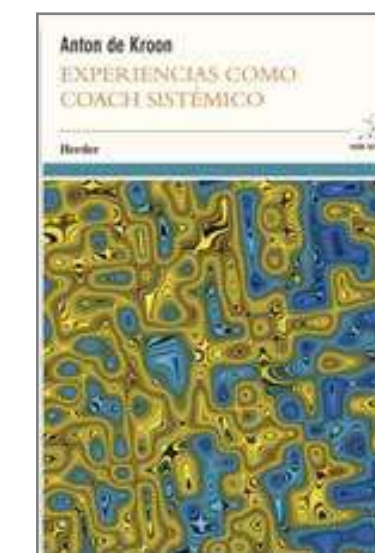
systemic work he has dedicated himself to over the past few decades. “It’s the shift from ‘I know better’ to ‘you know better.’” Although Anton de Kroon is no longer involved in training, he still wants to help make the organizational world a better place: “I still want the world to be a better place for each and every one of us.” With this conviction, and a great deal of generosity in his gaze, he returns to Barcelona.

Anton is the author of **two highly thought-provoking books in the field of consulting and coaching:**



*Systemic consulting.
The organization as a
living system*

[More information](#)



*Experiences as a
systemic coach*

[More information](#)

Content

Two days of in-depth training on systemic coaching, taking a practical approach to real-life cases of individual, team, and organizational coaching.

Drawing on his 20 years of experience in the systemic field and his extensive teaching experience around the world, Anton will provide a unique learning environment that covers the essential elements of the systemic perspective and practice.

Participants at all levels and from all professional backgrounds are welcome.

In addition to theoretical contributions, we will work with real-life cases, address questions, and provide space for supervision.

Topics to be covered:

- The systemic coach's attitude.
- Basic knowledge of systems.
- How to recognize systemic issues in everyday problems.
- Dos and don'ts in systemic coaching.
- Understanding and applying the essential elements of systemic coaching.
- Differences and similarities compared to other coaching methods.
- Basic elements of a systemic coach's attitude.
- Distinguishing between incidents and patterns.
- Viewing problems as potential solutions.
- Identifying the systemic root cause.
- Appreciating how a problem contributes to the system.
- Applying systemic coaching in real-life cases.

Methodology

- Theoretical explanations.
- Exercises to explore, experiment with, and learn new ways of working.
- Case studies from the field of systemic coaching and subsequent analysis.
- Supervision of coaching and consulting cases involving the participants.
- Time and space for questions and examples.



Watch video

Taught by

ANTON DE KROON

He is an independent consultant, coach, and trainer, and is a member of the Bert Hellinger Institute in the Netherlands. Author of the book “Experiences as a Systemic Coach” and co-author, alongside Siebke Kaat, of the book “Systemic Consulting: The Organization as a Living System,” Anton de Kroon belongs to a group of professionals who use the systemic approach to understand what happens in organizations, without employing the methodology of organizational constellations, unless it proves useful from a systemic perspective.



INTENDED FOR:

Leaders, consultants and coaches who wish to enhance their skills in intervention and support.

CERTIFICATION:

The certificate of attendance for this programme will be issued by Emana; to obtain it, **you must attend and participate in both days of the training.**

MORE INFORMATION:

If you have any questions, please get in touch with us. Send an email to iarrotegi@emana.net and we will reply within 48 hours.



Training in English.
Consecutive translation into Spanish.

In-person | Barcelona

PRICE AND REGISTRATION:

STANDARD:

595€ + 21% VAT

(Standard price for attending the course.
The price includes coffee, tea, fruit, nuts and pastries. Lunch is not included)

SIGN UP

If you'd like to sign up for the course directly, click on this box.

DURATION: 2 DAYS (14 HOURS)



In-person



Intermediate level



Short-term

DATES:

Date: **8 and 9 May 2026**

- **Course timetable:** 9.30 am to 2.00 pm and 3.30 pm to 6.00 pm.
- **Place:** Hotel Front Maritim Barcelona. Passeig de Garcia Fària, 69, Sant Martí, 08019 Barcelona ([map](#))
- **Language:** English



Training in English.
Consecutive translation into Spanish.

MAY 2026

					1	2	3
4	5	6	7	8	9	10	
11	12	13	14	15	16	17	
18	19	20	21	22	23	24	
25	26	27	28	29	30	31	

● In-person sessions. **These will not be recorded.**

EMANA

